

PowerChart Maternity Postpartum Practice Exercise – I-Flowsheet Documentation

**Recovery and
Postpartum
band
(Pain
Assessment)**

Pain Assessment:

- On mom's chart, insert a time column for 10 minutes ago.
- Document the following data on the Recovery/Postpartum band:

Pre Intervention Pain Score:	8
Pain Scale Used:	0-10 Numeric Rating Scale
Pain Score:	8
Pain Location #1	
Pain Site:	Abdomen
Pain Type:	Acute
Pain Scale Used:	Numeric Rating Scale
Pain Intensity:	8
Comments	RN notify

**Recovery and
Progression
band
(Recovery
Progression)**

Recovery Progression:

- On mom's chart, insert a time column for 10 minutes ago.
- Document the following data on the Recovery/Postpartum band:

Safety Measures	
Identification Band On:	Yes
Bed Locked/Low Position:	Yes
Call Light Within Reach:	Yes

**Recovery and
Progression
band
(Postpartum
Assessment)**

Postpartum Assessment:

- On mom's chart, insert a time column for 10 minutes ago.
- Document the following data on the Recovery/Postpartum band:

Fundus Height PP:	One finger above
Fundus Position:	Midline
Fundus Tone:	Firm with massage
Bladder Status:	Non-palpable
Lochia Color:	Rubra
Lochia Amount:	Moderate
Perineum Description	Edema
Perineum Care	Ice Pack

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**Recovery and
Progression
band
(Mother/Baby
ID bands)**

Mother/Baby ID Bands:

- On mom's chart, insert a time column for 10 minutes ago.
- Document the following data on the Recovery/Postpartum band:

Baby A	
Mother/Baby ID Bands Present:	Yes
Infant's ID Band Number:	12345678
Infant's Security ID Number	F999
Infant's ID Band Checked	Yes
Mother's ID Band Number	87654321

**Recovery and
Progression
band
(Hemorrhage)**

Hemorrhage:

- On mom's chart, insert a time column for 10 minutes ago.
- Document the following data on the Recovery/Postpartum band:

Vaginal Bleeding:	Yes
VAGINAL BLEEDING AMOUNT:	Gush
Fundus Height PP:	One finger width above umbilicus
Fundus Position:	Midline
Hemorrhage:	Yes
Hemorrhage Signs:	Hypotension
Treatment for Hemorrhage:	Pitocin
